

## CALENDAR REMINDER

18

Presanctified Liturgy-12 Holy Apostles Greek Orthodox Church 6 p.m.

21

Great Vespers 5 p.m.

22

Divine Liturgy 10 a.m.

Lenten Vespers St Archangel Michael Serbian Orthodox Church 5 p.m.

23

Matins in St Eligious Nursing Home 10 a.m.

25

Presanctified Liturgy-St George Serbian Orthodox Church 6 p.m.

29

Divine Liturgy 10 a.m.

Lenten Vespers St George Serbian Orthodox Church 5 p.m.

### *Readers:*

March 22 Dianne Zimmerman

March 29 Robert Masich

Lenten Days: All days

*After every Presanctified Liturgy there is Lenten meal and discussion.*

*There is Lenten meal after every Sunday Vespers .*

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Duluth, MN

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**March 15-31 2009**

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## ST GEORGE'S BULLETIN

**Stgeorgeduluth.com**  
**Stgeorgeduluth.org**

**Inside:**  
Bakalar Supper  
Calendar reminder  
Chrismation

**Donations will be printed in April Bulletin.**

### Holy Chrismation

A warm welcome to the Holy Orthodox Church through the Sacraments of the Holy Chrismation to **Amy Johnson who was chrismated** in our Church on Sunday, March 8.

Congratulations

### CONFESSION

The gift of God's forgiveness is received through private prayer, corporate worship, the disciplines of prayer and fasting, penitential services and above all through the sacrament of Holy Confession. Pray and think your confession over several days. Ask God to help you perceive your sins and to make a thorough confession of them. Now, without justification or self-pity, make a prayerful examination of your conscience regarding all things. As a help, reflect on your life in the light of the Ten Commandments and the Beatitudes. Take pencil and paper and specify your sins so that, at the time of the sacrament, you will be able to make a thorough confession from the list, without confusion or lapse of memory.

**Please visit our site at  
[www.stgeorgeduluth.com](http://www.stgeorgeduluth.com) or  
[www.stgeorgeduluth.org](http://www.stgeorgeduluth.org)**

**If you have any comment or suggestions please send to [frzoran@gmail.com](mailto:frzoran@gmail.com)**

### Kolo News

The Kolo has cookbooks for sale in the Bookstore for \$15.00 each. If you'd like to have the cookbook sent to you, please add a \$2.50 shipping cost per book.

The season of **Great Lent** is the time of preparation for the feast of the Resurrection of Christ. It is the living symbol of man's entire life which is to be fulfilled in his own resurrection from the dead with Christ. It is a time of renewed devotion: of prayer, fasting, and almsgiving. It is a time of repentance, a real renewal of our minds, hearts and deeds in conformity with Christ and his teachings. It is the time, most of all, of our return to the great commandments of loving God and our neighbors.

In the Orthodox Church, Great Lent is not a season of morbidity and gloominess. On the contrary, it is a time of joyfulness and purification. We are called to "anoint our faces" and to "cleanse our bodies as we cleanse our souls." The very first hymns of the very first service of Great Lent set the proper tone of the season: *Let us begin the lenten time with delight ... let us fast from passions as we fast from food, taking pleasure in the good words of the Spirit, that we may be granted to see the holy passion of Christ our God and his holy Pascha, spiritually rejoicing.*

*Thy grace has arisen upon us, O Lord, the illumination of our souls has shown forth; behold, now is the acceptable time; behold, now is the time of repentance (Vesper Hymns).*

It is our repentance that God desires, not our remorse. We sorrow for our sins, but we do so in the joy of God's mercy. We mortify our flesh, but we do so in the joy of our resurrection into life everlasting. We make ready for the resurrection during Great Lent, both Christ's Resurrection and our own.

### Bakalar Supper

Just a reminder that the Choirs annual Bakalar Supper is on **Friday, April 10th at 6 p.m.** in our Church Hall. All you can eat of Bakalar, Green Salad, Homemade Pogaca (Bread), Vegetable Tray, coffee/tea. \$10 per person. Carry-out orders available. This is the dinner many of you have been waiting for to come. All you can eat! See you on Friday, April 10th at 6 p.m.

March 18 Presanctified Liturgy :12 Holy Apostles Church 6 p.m.  
March 22 Sunday Vespers : St Michlael Church Hibbing 5 p.m.  
March 25 Presanctified Liturgy :St George Church 6 p.m.  
March 29 Sunday Vespers : St George Church 5 p.m.  
April 1 Presanctified Liturgy :12 Holy Apostles Church 6 p.m.  
April 5 Sunday Vespers :St Nicholas Church 5 p.m.  
April 8 Presanctified Liturgy :St George Church 6 p.m.

*For more info contact Fr Zoran*

### PASTY

**Thanks** to all we did it again! Thanks to all of you who in any way helped make another one of our pasties sales a hugh success. We made plenty of those little rescals. What a job, but only with the help of **all of you**. It sure is true, every little bit helps. So whatever part you gave of yourself in helping, **it made a difference!** When we needed you, **you all came through with flying colors.** Your support and help is , **has and always will be, greatly, greatly appreciated.** Thank you ever so much. Hvala!